

## AGENDA FOR CHANGE PROJECT

### JME EFFORT FORM

JOB TITLE: CRN:GM Clinical Research Nurse Band 6 (AfC N1856)

#### Physical Effort

Is the Job Holder expected to perform tasks of a physical nature<sup>1</sup>

Yes  **No**

How often?  Every shift  Weekly  Monthly  Less often

For how long?  <20 minutes on each occasion  >20 minutes on each occasion

When lifting/moving, are mechanical aids provided?

Yes  **No**

What weight is involved?

< 5 kilos  2 – 15 kilos  > 15 kilos

Is the Job Holder expected to sit/stand in a restricted position<sup>2</sup>?

**Yes**  No

How often?  **Every shift**  Weekly  Monthly  Less often

For how long?  <20 minutes on each occasion  **>20 minutes on each occasion**

#### Mental Effort

Is the Job Holder expected to perform duties of an unpredictable nature<sup>3</sup>?

**Yes**  **No**

If Yes, please give examples on a separate sheet of paper and attach to this form.

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<sup>1</sup> Lifting, pushing, pulling, bending, kneeling, crawling, walking >1 mile at any one time, restraint of patients, moving patients, heavy manual digging

<sup>2</sup> Keyboard input, wearing a telephone headset, driving, sitting at a microscope, standing making sandwiches, serving meals on a conveyor system

<sup>3</sup> Where the post holder is required to change from one activity to another at third party request

### **Emotional Effort**

Does the Job Holder deal with distressing or emotional circumstances/information, directly or indirectly?

Directly       **Indirectly**       No

How often?       Every shift       Weekly       Monthly       **Less often**

### **Working Conditions**

Does the Job Holder work in unpleasant working conditions<sup>4</sup>?

Yes       **No**

How?       Direct exposure       Indirect exposure

How often?       Every shift       Weekly       Monthly       Less often

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<sup>4</sup> Direct exposure to dirt, dust, smell, noise, inclement weather, extreme temperatures. Indirect exposure to or in the vicinity of body fluids, foul linen, fleas, lice, noxious fumes.